Lunch

Daily salad bar and fresh fruit. The salad bar typically includes green leaf lettuce, grape tomatoes, red peppers, broccoli, cucumber, baby carrots, hard-boiled egg, grilled chicken, croutons, yogurt, and a variety of salad dressings. Beverages include: 2% milk, cranberry juice and water



Monday 11/16

Early Dismissal
No Lunch

Tuesday 11/17

Lemon-Dill baked haddock with rice pilaf & roasted asparagus. (GF)

Wednesday 11/18

Pulled pork sandwiches with sharp cabot cheese and coleslaw

Thursday 11/19

Chili with cornbread, sour cream & cheddar (Chili is GF & DF)

Friday 11/20

Beef Lo Mein with pork dumplings. (DF)

MATER CHRISTI SCHOOL



V-Vegetarian **GF-Gluten** **DF-Dairy Free**