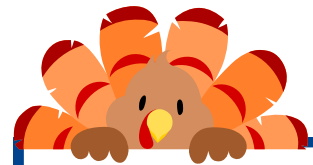




Lunch

Daily salad bar and fresh fruit. The salad bar typically includes green leaf lettuce, grape tomatoes, red peppers, broccoli, cucumber, baby carrots, hard-boiled egg, grilled chicken, croutons, yogurt, and a variety of salad dressings. Beverages include: 2% milk, cranberry juice and water



Monday 11/2

Beef Stroganoff with egg noodles & dinner roll

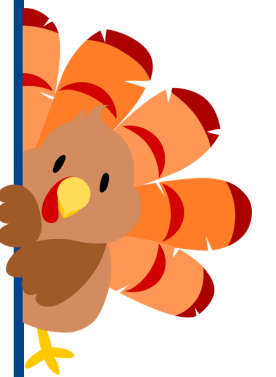
Tuesday 11/3

Election Day
No School



Wednesday 11/4

Meatball Subs (meatballs in marinara with melted cheese in hoagie roll)



Thursday 11/5

Jambalaya with buttermilk biscuits. (chicken & chorizo in a cajun tomato sauce with rice & vegetables) (DF, GF w/o biscuit)

Friday 11/6

Sausage, egg & cheese breakfast sandwiches on english muffins with hash browns.



MATER CHRISTI
SCHOOL



V-Vegetarian

GF-Gluten

DF-Dairy Free

