

Lunch

Daily salad bar and fresh fruit. The salad bar typically includes green leaf lettuce, grape tomatoes, red peppers, broccoli, cucumber, baby carrots, hard-boiled egg, grilled chicken, croutons, yogurt, and a variety of salad dressings. Beverages include: 2% milk, cranberry juice and water



Monday 9/7

No School



Tuesday 9/8

Beef Chili with shredded cheddar, sour cream, tortilla chips & corn bread (GF- no corn bread, DF- no cheese)

Wednesday 9/9

Beer battered fried fish sandwiches with tartar sauce, lettuce, onion & tomato. (DF)

Thursday 9/10

Roasted pork loin with garlic & scallion smashed potatoes & roasted balsamic brussel sprouts. (GF)

Friday 9/11

Pizza - Cheese or pepperoni (V)



V-Vegetarian

GF-Gluten

DF-Dairy Free

