



Lunch

Daily salad bar and fresh fruit. The salad bar typically includes green leaf lettuce, grape tomatoes, red peppers, broccoli, cucumber, baby carrots, hard-boiled egg, grilled chicken, croutons, yogurt, and a variety of salad dressings. Beverages include: 2% milk, cranberry juice and water



Monday 9/14

Chicken quesadillas with corn chips, guacamole, salsa & sour cream

Tuesday 9/15

Aloo Gobi with rice & naan bread (curried cauliflower, potatoes, & vegetables. Vegan)

Wednesday 9/16

Baked Haddock with pearled couscous pilaf and roasted asparagus. (V)

Thursday 9/17

Pulled pork sandwiches with cabot cheddar, coleslaw and potato chips

Friday 9/18

Penne pasta with sausage, peppers & onions in marinara served with parmesan, lemon garlic green beans, & breadsticks.



V-Vegetarian

GF-Gluten

DF-Dairy Free

