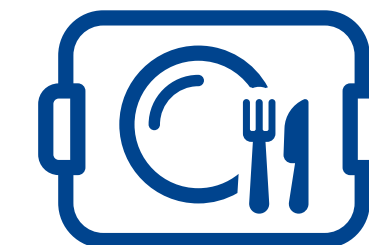


Lunch

Daily salad bar and fresh fruit. The salad bar typically includes green leaf lettuce, grape tomatoes, red peppers, broccoli, cucumber, baby carrots, hard-boiled egg, grilled chicken, croutons, yogurt, and a variety of salad dressings. Beverages include: 2% milk, cranberry juice and water



Monday 4/13

Pizza - Cheese or pepperoni

Tuesday 4/14

Taco Tuesday SOFT SHELL -
(seasoned beef and all of the
fixings)

Wednesday 4/15

Griled, marinated chicken
with couscous pilaf & grilled
vegetable medley (GF)

Thursday 4/16

Beer battered fried cod
sandwiches with lettuce,
pickles, onions & tartar sauce.
(DF)

Friday 4/17

Bagels & cream cheese with
fresh strawberries & chocolate
milk



MATER CHRISTI
SCHOOL



V-Vegetarian

GF-Gluten

DF-Dairy Free