



Lunch

Daily salad bar and fresh fruit. The salad bar typically includes green leaf lettuce, grape tomatoes, red peppers, broccoli, cucumber, baby carrots, hard-boiled egg, grilled chicken, croutons, yogurt, and a variety of salad dressings. Beverages include: 2% milk, cranberry juice and water



Monday 3/16

Penne marinara with meatballs, green beans & cheesy breadsticks

Tuesday 3/17

St. Patrick's day Irish stout beef stew with dinner rolls. (cubed chuck roast, root vegetables & potatoes in a hearty Guinness stew) (DF)

Wednesday 3/18

Chicken Cordon Bleu sandwiches & pasta salad. (Fried chicken breast, sliced ham, & swiss cheese)

Thursday 3/19

Pork fried rice & dumplings (DF)

Friday 3/20

Early Dismissal - No Lunch



MATER CHRISTI
SCHOOL

V-Vegetarian

GF-Gluten

DF-Dairy Free

