



Lunch

Daily salad bar and fresh fruit. The salad bar typically includes green leaf lettuce, grape tomatoes, red peppers, broccoli, cucumber, baby carrots, hard-boiled egg, grilled chicken, croutons, yogurt, and a variety of salad dressings. Beverages include: 2% milk, cranberry juice and water



Monday 1/12

Penne with Italian sausage, roasted red peppers, mushrooms, spinach, onions, garlic & artichoke hearts, served with parmesan and breadsticks.

Tuesday 1/13

Chicken Cordon Bleu with couscous and roasted cheesy cauliflower

Wednesday 1/14

Philly cheese steaks

Thursday 1/15

Marinated Chicken Gyros on pita bread with feta, pickled red onions, tzatziki, baby arugula, tomatoes & hummus ala carte

Friday 1/16

Sausage, egg & cheese breakfast sandwiches on english muffins served with hashbrowns, orange juice & fresh fruit.

V-Vegetarian

GF-Gluten

DF-Dairy Free

