



Daily salad bar and fresh fruit. The salad bar typically includes green leaf lettuce, grape tomatoes, red peppers, broccoli, cucumber, baby carrots, hard-boiled egg, grilled chicken, croutons, yogurt, and a variety of salad dressings. Beverages include: 2% milk, cranberry juice and water



## Monday 1/5

Bolognese rigatoni  
with breadsticks, parmesan &  
green beans

## Tuesday 1/6

Taco Tuesday - (Soft shell tacos  
with seasoned beef and all of  
the fixings)

## Wednesday 1/7

Chicken Tikka Masala  
with rice & naan bread

## Thursday 1/8

Beef stew with dinner roll

## Friday 1/9

French toast sticks with  
hashbrowns, breakfast  
sausage, & VT maple syrup



**V-Vegetarian**

**GF-Gluten**

**DF-Dairy Free**