



Lunch

Daily salad bar and fresh fruit. The salad bar typically includes green leaf lettuce, grape tomatoes, red peppers, broccoli, cucumber, baby carrots, hard-boiled egg, grilled chicken, croutons, yogurt, and a variety of salad dressings. Beverages include: 2% milk, cranberry juice and water



Monday 12/8

Bagels & cream cheese with applesauce & orange juice (V)

Tuesday 12/9

Chicken quesadillas with salsa, sour cream, guacamole & tortilla chips.

Wednesday 12/10

Tuna melts, pasta salad & potato chips.

Thursday 12/11

Roast pork loin with pearl couscous pilaf & roasted vegetable medley.

Friday 12/12

Chicken Noodle soup with dinner rolls (DF)



V-Vegetarian

GF-Gluten

DF-Dairy Free