



Lunch

Daily salad bar and fresh fruit. The salad bar typically includes green leaf lettuce, grape tomatoes, red peppers, broccoli, cucumber, baby carrots, hard-boiled egg, grilled chicken, croutons, yogurt, and a variety of salad dressings. Beverages include: 2% milk, cranberry juice and water



Monday 10/20

Cheese ravioli marinara with cheesy breadsticks & garlic green beans.

Tuesday 10/21

Chicken Tikka Masala with rice & naan bread (GF without bread)

Wednesday 10/22

Cheeseburgers or Beyond burgers w/ lettuce, tomato, onions & pickles

Thursday 10/23

Roasted Pork loin with rosemary garlic fingerling potatoes & broccoli

Friday 10/24

Eggo waffles with breakfast sausage, VT maple syrup, hash browns, fresh strawberries, & orange juice.



V-Vegetarian

GF-Gluten

DF-Dairy Free

