

# Lunch



Daily salad bar and fresh fruit. The salad bar typically includes green leaf lettuce, grape tomatoes, red peppers, broccoli, cucumber, baby carrots, hard-boiled egg, grilled chicken, croutons, yogurt, and a variety of salad dressings. Beverages include: 2% milk, cranberry juice and water



## Monday 4/7

Goulash and dinner roll (ground beef, vegetables & noodles in a sweet and savory tomato sauce)

## Tuesday 4/8

Pulled Pork Sandwiches with coleslaw and potato chips

## Wednesday 4/9

Grilled marinated chicken with couscous pilaf & roasted asparagus.

## Thursday 4/10

Beef Stew & dinner roll

## Friday 4/11

Fishwiches, pasta salad and pretzels served with shredded lettuce, tartar sauce, onions & pickles



MATER CHRISTI  
SCHOOL



**V-Vegetarian**

**GF-Gluten**

**DF-Dairy Free**

