



Lunch

Daily salad bar and fresh fruit. The salad bar typically includes green leaf lettuce, grape tomatoes, red peppers, broccoli, cucumber, baby carrots, hard-boiled egg, grilled chicken, croutons, yogurt, and a variety of salad dressings. Beverages include: 2% milk, cranberry juice and water



Monday 3/10

Penne with italian sausage, roasted red peppers, spinach, onions, garlic & artichokes - served with breadsticks & parmesan

Tuesday 3/11

Chicken quesadillas with corn chips, salsa, sour cream & guacamole

Wednesday 3/12

Chili with biscuits, cheddar & sour cream

Thursday 3/13

Chicken fingers & Fries

Friday 3/14

Eggo waffles & hash browns, VT maple syrup, & fresh strawberries.



MATER CHRISTI
SCHOOL

V-Vegetarian

GF-Gluten

DF-Dairy Free