



# Lunch

Daily salad bar and fresh fruit. The salad bar typically includes green leaf lettuce, grape tomatoes, red peppers, broccoli, cucumber, baby carrots, hard-boiled egg, grilled chicken, croutons, yogurt, and a variety of salad dressings. Beverages include: 2% milk, cranberry juice and water



## Monday 2/17

Beef Stroganoff with egg noodles & dinner roll

## Tuesday 2/18

Taco Tuesday - Hard shells & all of the fixings.

## Wednesday 2/19

Teriyaki chicken & snow peas with rice & dumplings

## Thursday 2/20

Shepherd's pie & dinner roll

## Friday 2/21

Bagels & cream cheese with fresh fruit, chocolate milk & orange juice.



MATER CHRISTI  
SCHOOL

**V-Vegetarian**

**GF-Gluten**

**DF-Dairy Free**