

Lunch

Daily salad bar and fresh fruit. The salad bar typically includes green leaf lettuce, grape tomatoes, red peppers, broccoli, cucumber, baby carrots, hard-boiled egg, grilled chicken, croutons, yogurt, and a variety of salad dressings. Beverages include: 2% milk, cranberry juice and water



Monday 11/4

Pizza
cheese or pepperoni

Tuesday 11/5



No School
Election Day

Wednesday 11/6

Cheeseburgers
or beyond burgers

Thursday 11/7

Baked haddock with rice pilaf
and asparagus

Friday 11/8

Breakfast sandwiches -
sausage egg and cheese on
English muffin with hash
browns, orange juice and
fresh strawberries.



V-Vegetarian

GF-Gluten

DF-Dairy Free