

Lunch

Daily salad bar and fresh fruit. The salad bar typically includes green leaf lettuce, grape tomatoes, red peppers, broccoli, cucumber, baby carrots, hard-boiled egg, grilled chicken, croutons, yogurt, and a variety of salad dressings. Beverages include: 2% milk, cranberry juice and water



Monday 11/18

Chicken fingers & fries

Tuesday 11/19

Shepherds pie & dinner roll

Wednesday 11/20

hot dogs & cole slaw

Thursday 11/21

Grilled marinated chicken with rice & grilled vegetable medley

Friday 11/22

Mac n' cheese with broccoli



MATER CHRISTI
SCHOOL



V-Vegetarian

GF-Gluten

DF-Dairy Free

