



Lunch

Daily salad bar and fresh fruit. The salad bar typically includes green leaf lettuce, grape tomatoes, red peppers, broccoli, cucumber, baby carrots, hard-boiled egg, grilled chicken, croutons, yogurt, and a variety of salad dressings. Beverages include: 2% milk, cranberry juice and water



Monday 9/23

Pizza
Cheese or Pepperoni

Tuesday 9/24

Chicken Tikka Masala with Naan
bread and rice (GF)

Wednesday 9/25

Broccoli, potato & cheddar
soup with dinner roll
(GF-V)

Thursday 9/26

Chicken Patty Sandwiches with
pickles, onion, lettuce & tomato
with pasta salad

Friday 9/27

Pancakes, breakfast sausage,
hashbrowns with Vermont
maple syrup and fresh fruit.



MATER CHRISTI
SCHOOL

V-Vegetarian

GF-Gluten

DF-Dairy Free